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Young Football Club Melbourne

YFC Melton Cup 2025

Rules & Regulations

Event Dates: 31 Oct – 2 Nov 2025

Venue: Kurunjang Recreation Reserve

Prepared by Young Football Club Melbourne – Tournament Committee

Contact: youngfootballclubmelbourne@gmail.com



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1. General

The YFC Melton Cup will be conducted under the Football Victoria (FV) Rules of Competition with the modifications noted in this document. By entering, clubs and participants agree to abide by these Rules & Regulations. YFC reserves the right to amend rules where necessary for the safety and fairness of the tournament.

2. Player Eligibility & Registration

- All Teams must check in at the YFC Info desk at least 30 mins prior to their first game of the tournament.
- You will be provided with 1 coach and 1 team manager lanyards which enables you to enter the field of play.
- All players will be asked for ID verification by YFC Officials at the game entry. Only a hard copy of a valid passport will be accepted as an official ID. Failure to provide ID will result in immediate disqualification from the tournament.
- Only players listed on the final team sheet may participate. Team sheets cannot be modified once submitted.
- Each player is permitted to represent only one club and one team throughout the tournament. A player cannot participate for multiple teams or clubs under any circumstances. A team will be disqualified immediately if any player is found participating for multiple teams or clubs during the tournament.
- A team group photo will be taken upon entry into the tournament, and wristbands may be issued to team players for identification purposes.
- Proof of age disputes must be raised with YFC management during the match half-time break with a \$250 fee (non-refundable if the objection fails).



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Exception:

- For the Under 15 Girls team, one player born in 2009 may participate.
- Over 40 category is reserved for players who belong to the Punjabi community.

3. Team Structure

- U7–U11: Mixed teams (boys & girls allowed).
- U7: 7 players + 4 substitutes; maximum 2 teams.
- U9: 9 players + 5 substitutes; maximum 2 teams.
- U11: 9 players + 5 substitutes; maximum 2 teams.
- U13: 7 players + 4 substitutes; maximum 1 team.
- U15: 7 players + 4 substitutes; maximum 1 team.
- Over 40s: 7 players + 5 substitutes; maximum 1 team.

3.1. Match Duration & Breaks

- U7: 2 × 15 min halves | 5 min break
- U9: 2 × 20 min halves | 5 min break
- U11: 2 × 20 min halves | 5 min break
- U13: 2 × 20 min halves | 5 min break
- U15: 2 × 25 min halves | 5 min break
- Over 40s: 2 × 25 min halves | 5 min break

(No added time for stoppages unless required for serious injury. Referee discretion applies.)



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4. Match Rules

- Coin toss decides choice of ball or end.
- Rolling substitutions allowed at any break in play.
- Match duration as per FV Minirooms/Juniors guidelines.
- No sliding tackles.
- Referees appointed by the Organising Committee; their decisions are final.
- Yellow card = 5-minute sin bin (no replacement). 2 yellows = suspension of next match.
- Red card = immediate dismissal; violence = tournament expulsion.

Match Balls:

YFC is responsible for supplying 2 match balls. The ball must be approved by the referee at the commencement of the match or at the re-start of every play if the ball is changed at any time during the game.

- The 3 balls size will be used for U7 and U9s competition.
- The 4 balls size will be used for U11s, Under 13s.
- The 5 balls size will be used for Under 15's and Over 40s competition.

Match balls cannot be changed during the match without the permission of the referee.

4.1. Free Kicks

A Free Kick will be awarded for any of the following fouls or acts of misconduct:

- Kicking or attempting to trip an opponent
- Pushing, holding, or tackling an opponent unfairly



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- Deliberate handball
- Impeding the progress of another player

Rules:

- Opponents must remain at least 5 metres away from the ball when the free kick is taken.
- The ball must be touched by a teammate before a goal can be scored.

Note: All free kicks are indirect for every age group.

4.2. Goalkeeper Play

For U7s – U11s play:

- The Goalkeeper is allowed to handle the ball anywhere in the penalty area. To restart play, after a save or they gather the ball with their hands, the ball must be thrown or rolled from the hands or played from the ground with their feet within 10 seconds.
- The Goalkeeper is not allowed to kick or drop kick the ball directly from their hands.
- An indirect free kick is awarded if the goalkeeper touches the ball with their hands after it has been deliberately kicked to them by a teammate (the Back Pass rule).
- If the Goalkeeper catches the ball and puts it on the ground, the ball is deemed live for play.

For U13s – Over 40s play:

- The Goalkeeper is allowed to handle the ball anywhere in the penalty area. To restart play after a save or they gather the ball with their hands, the ball must be thrown or rolled from the hands or played from the ground with their feet, within 6 seconds.
- The Goalkeeper is not allowed to kick or drop kick the ball directly from their hands.



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- An indirect free kick is awarded if the goalkeeper touches the ball with their hands after it has been deliberately kicked to them by a teammate (the Back Pass rule).
- If the Goalkeeper catches the ball and puts it on the ground, the ball deemed live for play.

4.3. Penalties

A penalty will be awarded if a foul is committed in the penalty area and has stopped a potential goal from being scored. For example, hand ball on the goal line. A penalty kick is awarded from an 8-meter penalty mark with only a goalkeeper in position. All other players must be outside the penalty area and behind the penalty mark.

5. Results, Forfeits & Finals

- Win = 3 pts | Draw = 1 pt | Loss = 0 pts.
- Forfeit = 3-0 result to opponent.
- Teams late by more than 5 minutes → automatic forfeit (3-0).
- Semi-Finals & Finals: If tied → 10 minutes extra time; if still tied → penalty shootout.

6. Conduct

Areas of Play:

Only registered players and officials (Coach and Team Manger) are allowed on the field of play when they are scheduled to play. Spectators are not permitted to enter the grounds or field areas at any time and will have full view of the games from behind the fences. Spectators will be required to stand clear of marked out areas and must comply with any requests by the referee or Tournament Officials in regards to this.

- All participants must respect Fair Play & Codes of Conduct (Players, Coaches, Parents).



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- Aggressive behaviour, dissent, or abuse toward referees/officials will not be tolerated.
- Spectators must remain outside playing areas. Clubs are responsible for their supporters' behaviour.
- Complaints/Protests must be lodged with YFC officials at the Registration Desk.

7. Insurance & Liability

- YFC holds Public Liability Insurance for the venue.
- YFC does not provide personal injury/sports insurance – all participants must arrange their own cover.
- Participation is at the individual's risk.

8. Facilities & First Aid

- Accredited First Aid officers will be present onsite.
- Toilets, bins, and amenities are provided.
- Marquees must be properly weighted (no pegging permitted). For 3m x 3m marquees without walls, a minimum requirement of 20 kgs per leg is required. For 3m x 6m or larger marquees with walls, a minimum of 40 kgs per leg is required.

9. Protests & Disputes

- Objections must be lodged at half-time only with the \$50 fee.
- No protests will be accepted after the match is complete.
- The YFC Tournament Committee's decision is final.



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10. Acknowledgement

By entering the YFC Melton Cup, all players, coaches, managers and clubs agree to abide by Football Victoria's rules and YFC tournament modifications. Participants accept referee and committee decisions as final, accept personal risk for participation and promote fair play, safety and enjoyment for all.



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11. Codes of Conduct

The following Codes of Conduct apply to all participants, officials, parents, and supporters. By entering or attending the YFC Melton Cup, you agree to abide by these rules. Any breach may result in disciplinary action, expulsion from the tournament, and/or bans from future events.

11.1 Player Code of Conduct

- Play by the rules and respect the laws of the game.
- Respect referees, officials, teammates, and opponents at all times.
- Do not use offensive, insulting or abusive language or behaviour.
- Play fairly - no sliding tackles, no violent conduct.
- Cooperate with your coach, teammates and officials.
- Accept referee decisions without argument.
- Participate for enjoyment, learning, and teamwork – not just winning.
- Display good sportsmanship at all times.

11.2 Parent & Supporter Code of Conduct

- Encourage children to participate for their enjoyment, not your own.
- Support all players – applaud good football from both teams.
- Never ridicule or yell at a child for making a mistake.
- Respect officials' decisions and teach children to do the same.
- Do not approach or criticise referees – allow the game to flow.
- Set a good example by displaying sportsmanship and respect.
- Help create a safe, positive environment for all players.



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11.3 Team Officials Code of Conduct

- Promote fairness, respect, and enjoyment of the game.
- Be reasonable in your demands on players' time, energy, and enthusiasm.
- Ensure all players receive equal attention and opportunity.
- Respect the rights, dignity, and worth of every participant.
- Display control, professionalism, and respect to all involved – players, referees, opponents, parents, and spectators.
- Ensure player safety by following medical advice and tournament rules.
- Lead by example – your behaviour sets the standard for your team.
- Encourage players to learn, develop, and enjoy the game.

12. Accident Waiver and Release of Liability

All participants are required to acknowledge the following as a condition of entry into the YFC Melton Cup:

I hereby assume all of the risks of participating in or attending this tournament, including by way of example and not limitation: risks arising from negligence or carelessness on the part of the organisers, from dangerous or defective equipment or facilities, or because of possible liability without fault.

I certify that I am physically fit, and there are no health-related reasons that should preclude my participation. I consent to receive medical treatment in the event of injury, accident, and/or illness during the tournament.

I waive, release, and discharge Young Football Club Melbourne, its officials, volunteers, and staff from any and all liability, including but not limited to, death, disability, personal injury, property damage, property theft, or actions of any kind which may



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occur as a result of participation in this event.

I indemnify and hold harmless Young Football Club Melbourne against any and all liabilities or claims made as a result of participation in this tournament, whether caused by negligence or otherwise. This includes personal injury, medical expenses, loss of income, or property damage.

I understand that the YFC Melton Cup is a competitive sporting event and participation is entirely at my own risk. YFC does not provide personal accident or injury insurance. All participants must arrange their own insurance coverage.

13. Contact Details:

If you need assistance, please approach Event Committee Members or YFC Volunteers wearing lanyards labelled “YFC Volunteer” or “YFC Committee”, or visit the Information Desk located at the main entrance.

Tournament Feedback or Enquiries:

 youngfootballclubmelbourne@gmail.com

Let’s enjoy the tournament and play with spirit!

Respect the Game



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14. Site Management Plan



YFC Melton Cup Site Management Plan

- Kurunjang Recreation Reserve, Centenary Ave, Kurunjang VIC 3337
- Fri 31 Oct (1–9 pm), Sat 1 Nov (8 am–8 pm), Sun 2 Nov (8 am–8 pm)
attendance up to 200 at peak.

Site Map



Key – Numbers on Map (v4)

1. Gate 1 – Main Entry (Security Post) – positioned beside Ambulance Route for clarity
2. First Aid & Control Point (Extinguisher, Water Refill)
3. Ambulance Route – Keep Clear at All Times
4. Assembly Area A – Open Grass (North)
5. Assembly Area B – Open Grass (South-West)
6. Portable Toilets x6 (including 1 Accessible)
7. General Waste Stations (Red-top) – North & South
8. Car Parking (East Car Parks)
9. Drop-off Zone (Coned, 10 km/h)
10. Security (Roaming) & Field Marshals

